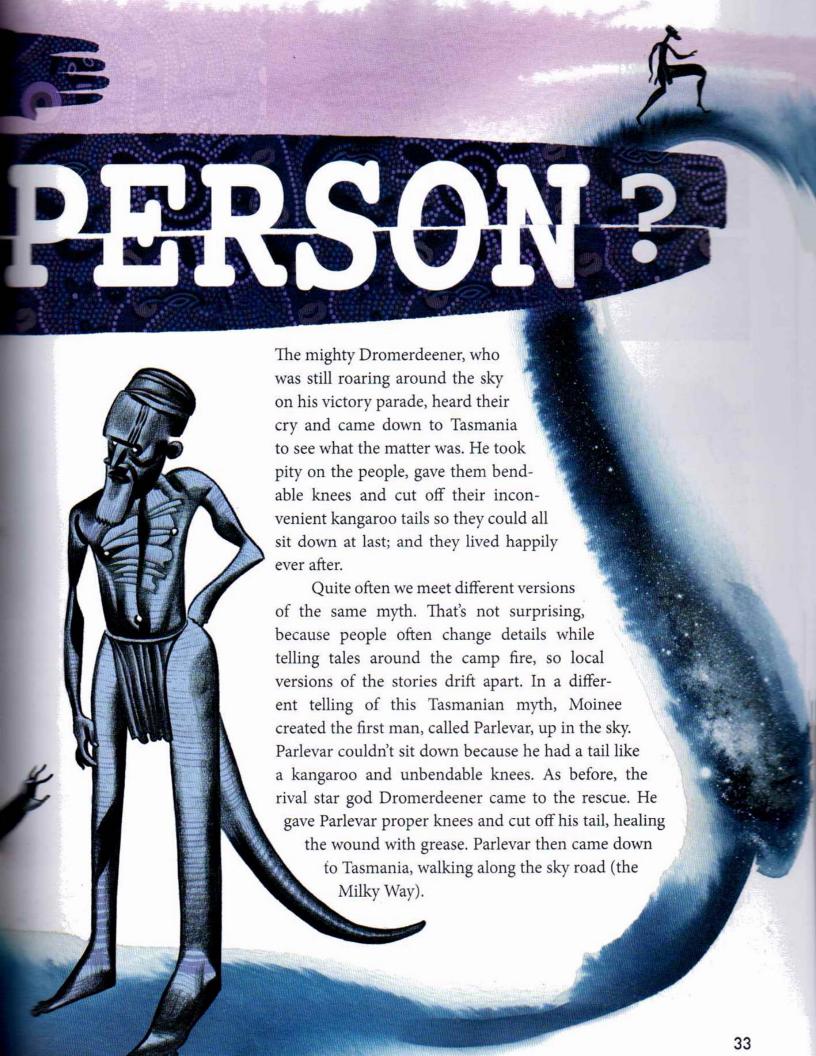


All peoples around the world have origin myths, to account for where they came from. Many tribal origin myths talk only about that one particular tribe – as though other tribes don't count! In the same way, many tribes have a rule that they mustn't kill people – but 'people' turns out to mean only others of your own tribe. Killing members of other tribes is just fine!

Here's a typical origin myth, from a group of Tasmanian aborigines. A god called Moinee was defeated by a rival god called Dromerdeener in a terrible battle up in the stars. Moinee fell out of the stars down to Tasmania to die. Before he died, he wanted to give a last blessing to his final resting place, so he decided to create humans. But he was in such a hurry, knowing he was dying, that he forgot to give them knees; and (no doubt distracted by his plight) he absent-mindedly gave them big tails like kangaroos, which meant they couldn't sit down. Then he died. The people hated having kangaroo tails and no knees, and they cried out to the heavens for help.





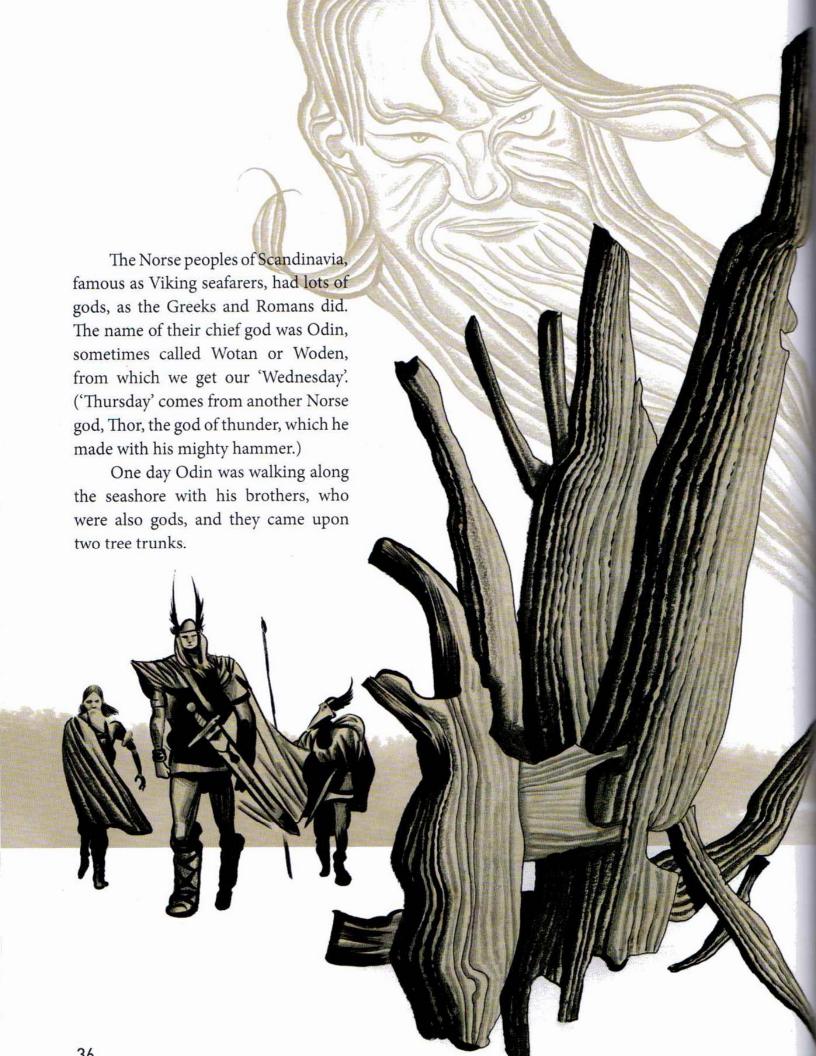
The Hebrew tribes of the Middle East had only a single god, whom they regarded as superior to the gods of rival tribes. He had various names, none of which they were allowed to say. He made the first man out of dust and called him Adam (which just means 'man'). He deliberately made Adam like himself. Indeed, most of the gods of history were portrayed as men (or sometimes women), often of giant size and always with supernatural powers.

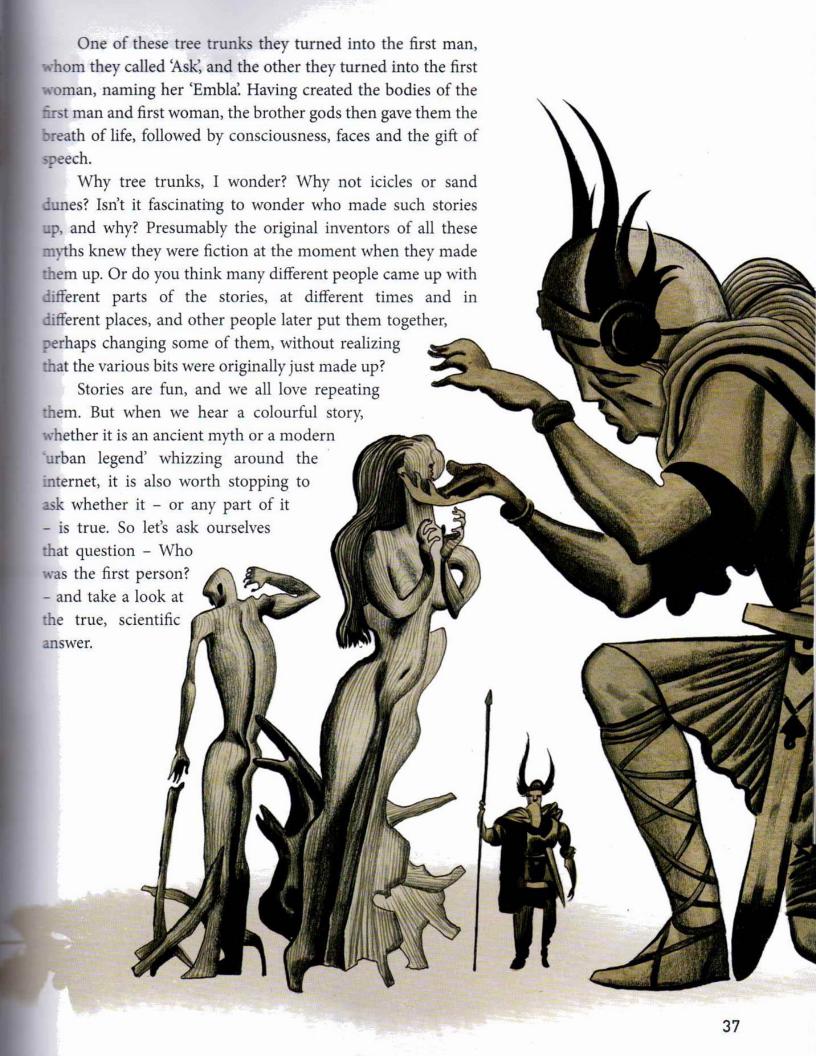
The god placed Adam in a beautiful garden called Eden, filled with trees whose fruit Adam was encouraged to eat – with one exception. This forbidden tree was the 'tree of knowledge of good and evil', and the god left Adam in no doubt that he must never eat its fruit.

The god then realized that Adam might be lonely all by himself, and wanted to do something about it. At this point – as with the story of Dromerdeener and Moinee – there are two versions of the myth, both found in the biblical book of Genesis. In the more colourful version, the god made all the animals as Adam's helpers, then decided that there was still something missing: a woman! So he gave Adam a general anaesthetic, cut him open, removed one rib and stitched him up again. Then he grew a woman from the rib, rather as you grow a flower from a cutting. He named her Eve and presented her to Adam as his wife.

Unfortunately, there was a wicked snake in the garden, who approached Eve and persuaded her to give Adam the forbidden fruit from the tree of knowledge of good and evil. Adam and Eve ate the fruit and promptly acquired the knowledge that they were naked.







## Who was the first person really?

THIS MAY surprise you, but there never was a first person – because every person had to have parents, and those parents had to be people too! Same with rabbits. There never was a first rabbit, never was a first crocodile, never a first dragonfly. Every creature ever born belonged to the same species as its parents (with perhaps a very small number of exceptions, which I shall ignore here). So that must mean that every creature ever born belonged to the same species as its grandparents. And its great-grandparents. And its great-grandparents. And so on for ever.

For ever? Well, no, it's not as simple as that. This is going to need a bit of explaining, and

I'll begin with a thought experiment. A thought experiment is an experiment in your imagination. What we are going to imagine is not literally possible because it takes us way, way back in time, long before we were born. But imagining it teaches us something important. So, here is our thought experiment. All you have to do is imagine yourself following these instructions.

Find a picture of yourself. Now take a picture of your father and place it on top. Then find a picture of his father, your grandfather. Then place on top of that a picture of your grandfather's father, your great-grandfather.





You may not have ever met any of your greatgrandfathers. I never met any of mine, but I know that one was a country schoolmaster, one a country doctor, one a forester in British India, and one a lawyer, greedy for cream, who died rock-climbing in old age. Still, even if you don't know what your father's father's father looked like, you can imagine him as a sort of shadowy figure, perhaps a fading brown photograph in a leather frame. Now do the same thing with his father, your great-great-grandfather. And just carry on piling the pictures on top of each other, going back through more and more and more great-great-greats. You can go on doing this even before photography was invented: this is a thought experiment, after all.

How many greats do we need for our thought experiment? Oh, a mere 185 million or so will do nicely!

Mere?

MERE?

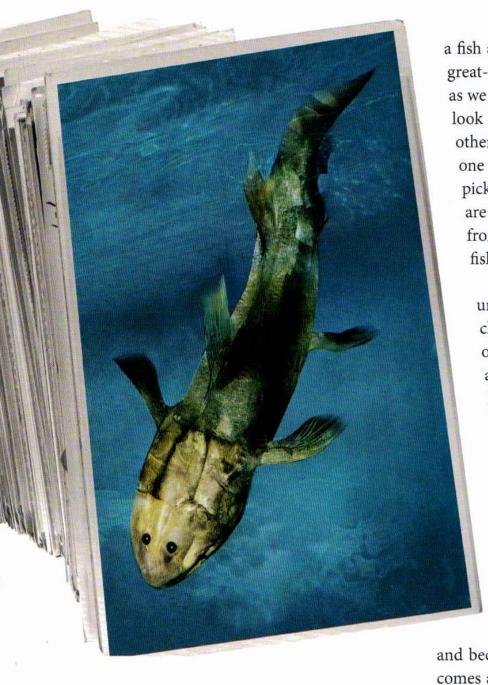
It isn't easy to imagine a pile of 185 million pictures. How high would it be? Well, if each picture was printed as a normal picture postcard, 185 million pictures would form a tower about 16,000 feet high: that's more than 40 New York skyscrapers standing on top of each other. Too tall to climb, even if it didn't fall over (which it would). So let's tip it safely on its side, and pack the pictures along the length of a single bookshelf.

How long is the bookshelf? About three miles.

The near end of the bookshelf has the picture of you. The far end has a picture of your 185-million-greats-grandfather. What did he look like? An old man with wispy hair and white sidewhiskers? A caveman in a leopard skin? Forget any such thought. We don't know exactly what he looked like, but fossils give us a pretty good idea. Your 185-million-greats-grandfather looked something like this







Yes, that's right. Your 185-million-greats-grand-father was a fish. So was your 185-million-greats-grandmother, which is just as well or they couldn't have mated with each other and you wouldn't be here.

Let's now walk along our three-mile bookshelf, pulling pictures off it one by one to have a look at them. Every picture shows a creature belonging to the same species as the picture on either side of it. Every one looks just like its neighbours in the line – or at least as much alike as any man looks like his father and his son. Yet if you walk steadily from one end of the bookshelf to the other, you'll see a human at one end and a fish at the other. And lots of other interesting great-... great-grandparents in between, which, as we shall soon see, include some animals that look like apes, others that look like monkeys, others that look like shrews, and so on. Each one is like its neighbours in the line, yet if you pick any two pictures far apart in the line they are very different – and if you follow the line from humans back far enough you come to a fish. How can this be?

Actually, it isn't all that difficult to understand. We are quite used to gradual changes that, step by tiny step, one after the other, make up a big change. You were once a baby. Now you are not. When you are a lot older you'll look quite different again. Yet every day of your life, when you wake up, you are the same person as when you went to bed the previous night. A baby changes into a toddler, then into a child, then into an adolescent; then a young adult, then a middle-aged adult, then an old person. And the change happens so gradually that there never is a day when you can say, 'This person has suddenly stopped being a baby

and become a toddler.' And later on there never comes a day when you can say, 'This person has stopped being a child and become an adolescent.' There's never a day when you can say, 'Yesterday this man was middle-aged: today he is old.'

That helps us to understand

our thought experiment, which takes us back through 185 million generations of parents and grandparents and great-grandparents until we come face to face with a fish. And, turning round to go forwards in time, it's



what happened when your fish ancestor had a fishy child, who had a fishy child, who had a child . . . who, 185 million (gradually less fishy) generations later, turned out to be you.

So it was all very gradual - so gradual that you wouldn't notice any change as you walked back a thousand years; or even ten thousand years, which would bring you to somewhere around your 400-greats-grandfather. Or rather, you would notice lots of little changes all the way along, because nobody looks exactly like their father. But you wouldn't notice any general trend. Ten thousand years back from modern humans is not long enough to show a trend. The portrait of your ancestor of ten thousand years ago would be no different from modern people, if we set aside superficial differences in dress and hair and whisker style. He would be no more different from us than modern people are different from other modern people.

How about a hundred thousand years, where we might find your 4,000-greats-grand-father? Well, now, maybe there would be a just-noticeable change. Perhaps a slight thickening of the skull, especially under the eyebrows. But it would still only be slight. Now let's push a bit further back in time. If you walked the first million years along the shelf, the picture of your 50,000-greats-grandfather would be different enough to count as a different species, the one we call *Homo erectus*. We today, as you know, are

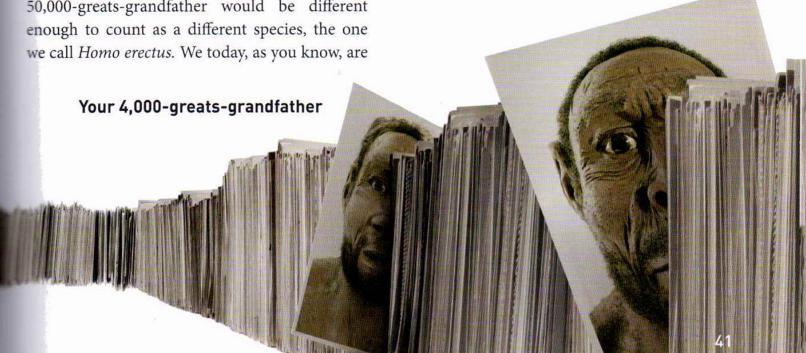
Homo sapiens. Homo erectus and Homo sapiens probably wouldn't have been able to mate with each other; or, even if they could, the baby would probably not have been able to have babies of its own – in the same way that a mule, which has a donkey father and a horse mother, is almost always unable to have offspring. (We'll see why in the next chapter.)

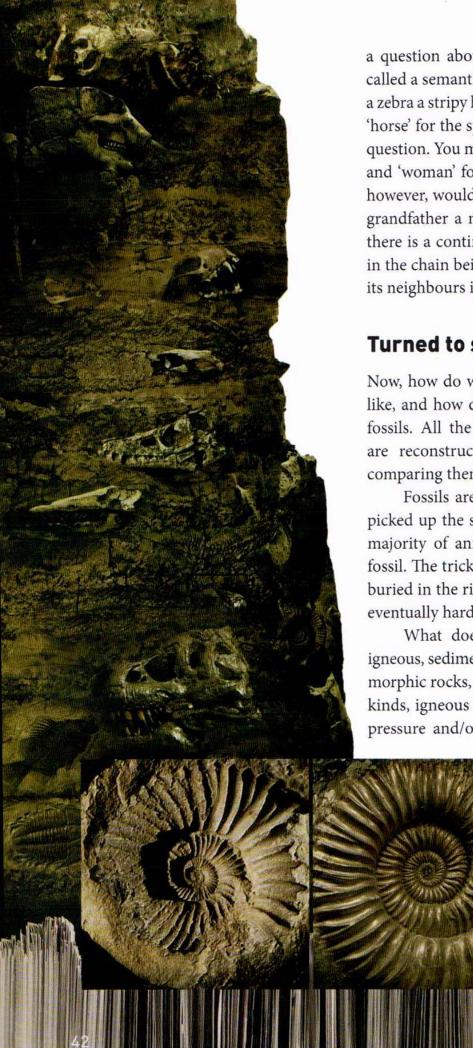
Once again, though, everything is gradual. You are *Homo sapiens* and your 50,000-greatsgrandfather was *Homo erectus*. But there never was a *Homo erectus* who suddenly gave birth to a *Homo sapiens* baby.

So, the question of who was the first person, and when they lived, doesn't have a precise answer. It's kind of fuzzy, like the answer to the question: When did you stop being a baby and become a toddler? At some point, probably less than a million years ago but more than a hundred thousand years ago, our ancestors were sufficiently different from us that a modern person wouldn't have been able to breed with them if they had met.

Whether we should call *Homo erectus* a person, a human, is a different question. That's

Your 50,000-greats-grandfather





a question about how you choose to use words - what's called a semantic question. Some people might want to call a zebra a stripy horse, but others might like to keep the word 'horse' for the species that we ride. That's another semantic question. You might prefer to keep the words 'person', 'man' and 'woman' for Homo sapiens. That's up to you. Nobody, however, would want to call your fishy 185-million-greatsgrandfather a man. That would just be silly, even though there is a continuous chain linking him to you, every link in the chain being a member of exactly the same species as its neighbours in the chain.

## Turned to stone

Now, how do we know what our distant ancestors looked like, and how do we know when they lived? Mostly from fossils. All the pictures of our ancestors in this chapter are reconstructions based on fossils but coloured by comparing them with modern animals.

Fossils are made of stone. They are stones that have picked up the shapes of dead animals or plants. The great majority of animals die with no hope of turning into a fossil. The trick, if you want to be a fossil, is to get yourself buried in the right kind of mud or silt, the kind that might eventually harden to form 'sedimentary rock'.

What does that mean? Rocks are of three kinds: igneous, sedimentary and metamorphic. I shall ignore metamorphic rocks, as they were originally one of the other two kinds, igneous or sedimentary, and have been changed by pressure and/or heat. Igneous rocks (from the Latin for

'fire', ignis') were once molten, like the hot lava that comes out of erupting volcanoes now, and solidified into hard rock when they cooled. Hard rocks, of any kind, get worn down ('eroded') by wind or water to make smaller rocks, pebbles, sand and dust. Sand or dust gets suspended in water and can then settle in layers of sediment or mud at the bottom of a sea, lake or river. Over a very long time, sediments can harden to make layers (or 'strata') of sedimentary rock. Although all strata start off flat and horizontal, they have often got tilted, upended or warped by the time we see them, millions of years later (for how this happens, see Chapter 10 on earthquakes).

Now, suppose a dead animal happens to get washed into the mud, in an estuary perhaps. If the mud later hardens to become sedimentary rock, the animal's body may rot away, leaving in the hardening rock a hollow imprint of its form which we eventually find. That is one kind of fossil – a kind of 'negative' picture of the animal. Or the hollow imprint may act as a mould into which new sediments fall, later hardening to form a 'positive' replica of the outside of the animal's body. That's a second kind of fossil. And there's a third kind of fossil in which the atoms and molecules of the animal's body are, one by one, replaced by atoms and molecules of minerals from the water, which later crystallize to form rock. This is the best kind of fossil because, with luck, tiny details of the animal's insides are permanently reproduced, right through the middle of the fossil.

Fossils can even be dated. We can tell how old they are, mostly by measuring radioactive isotopes in the rocks. We'll learn what isotopes are, and atoms, in Chapter 4. Briefly, a radioactive isotope is a kind of atom which

decays into a different kind of atom: for example, one called uranium-238 turns into one called lead-206. Because we know how long this takes to happen, we can think of the isotope as a radioactive clock. Radioactive clocks are rather like the water clocks and candle clocks that people used in the days before pendulum clocks were invented. A tank of water with a hole in the bottom will drain at a measurable rate. If the tank was filled at dawn, you can tell how much of the day has passed by measuring the present level of water. Same with a candle clock. The candle burns at a fixed rate, so you can tell how long it has been burning by measuring how much candle is left. In the case of a uranium-238 clock, we know that it takes 4.5 billion years for half the uranium-238 to decay to lead-206. This is called the 'half-life' of uranium-238. So, by measuring how much lead-206 there is in a rock, compared with the amount of uranium-238, you can calculate how long it is since there was no lead-206 and only uranium-238: how long, in other words, since the clock was 'zeroed'.

And when is the clock zeroed? Well, it only happens with igneous rocks, whose clocks are all zeroed at the moment when the molten rock hardens to become solid. It doesn't work with sedimentary rock, which has no such 'zero moment', and this is a pity because fossils are found only in sedimentary rocks. So we have to find igneous rocks close by sedimentary layers and use them as our clocks. For example, if a fossil is in a sediment with 120-million-year-old igneous rock above it and 130-million-year-old igneous rock below it, you know the fossil dates from somewhere between 120 million and 130 million years ago. That's how all the dates



I mention in this chapter are arrived at. They are all approximate dates, not to be taken as too precise.

Uranium-238 is not the only radioactive isotope we can use as a clock. There are plenty of others, with a wonderfully wide spread of half-lives. For example, carbon-14 has a half-life of only 5,730 years, which makes it useful for archaeologists looking at human history. It is a beautiful fact that many of the different radioactive clocks have overlapping timescales, so we can use them to check up on each other. And they always agree.

The carbon-14 clock works in a different way from the others. It doesn't involve igneous rocks but uses the remains of living bodies themselves, for example old wood. It is one of the fastest of our radioactive clocks, but 5,730

years is still much longer than a human lifetime, so you might ask how we know it is the half-life of carbon-14, let alone how we know that 4.5 billion years is the half-life of uranium-238! The answer is easy. We don't have to wait for half of the atoms to decay. We can measure the rate of decay of only a tiny fraction of the atoms, and work out the half-life (quarter-life, hundredth-life, etc.) from that.

## A ride back in time

Let's do another thought experiment. Take a few companions and get in a time machine. Fire up the engine and zoom back ten thousand years. Open the door and have a look at the people you meet. If you happen to land in what is now Iraq,



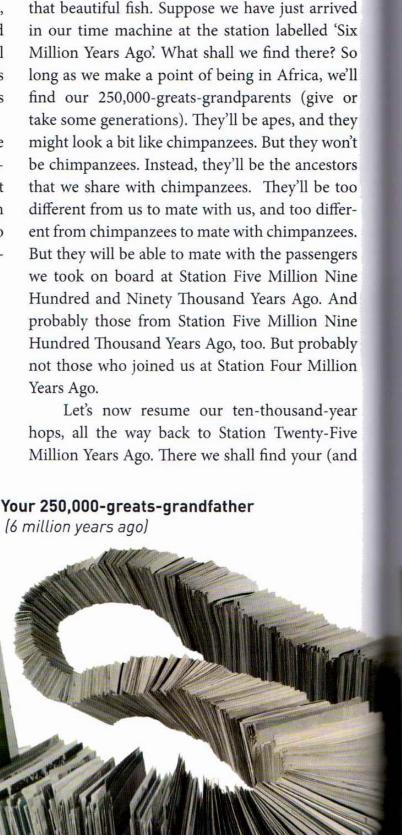


they'll be in the process of inventing agriculture. In most other places they'll be 'hunter-gatherers', moving from place to place, hunting wild animals and gathering wild berries, nuts and roots. You won't be able to understand what they say and they will be wearing very different clothes (if any). Nevertheless, if you dress them in modern clothes and give them modern haircuts, they will be indistinguishable from modern people (or no more different from some modern people than people are different from one another today). And they will be fully capable of breeding with any of the modern people on board your time machine.

Now, take one volunteer from among them (perhaps your 400-greats-grandfather, because this is approximately the time when he might have lived) and set off again in your time machine, back another ten thousand years: to twenty thousand years ago, where you have a chance to meet your 800-greats-grandparents. This time the people you see will all be huntergatherers but, once again, their bodies will be those of fully modern humans and, once again, they will be perfectly capable of interbreeding with modern people and producing fertile offspring. Take one of them with you in the time machine, and set off another ten thousand years into the past. Keep on doing this, hopping back in steps of ten thousand years, at each stop picking up a new passenger and taking him or her back to the past.

The point is that eventually, after a lot of tenthousand-year hops, perhaps when you've gone a million years into the past, you'll begin to notice that the people you meet when you emerge from the time machine are definitely different from us, and can't interbreed with those of us who boarded with you at the start of its journey. But they will be capable of breeding with the latest additions to the passenger list, who are almost as ancient as they are themselves.

I'm just making the same point as I made before – about gradual change being imperceptible, like the moving hour hand of a watch – but using a different thought experiment. It's worth saying in two different ways, because it is so important and yet – quite understandably – so hard for some people to appreciate.



Let's resume our journey into the past, and

look at some of the stations on the way back to

my) one-and-a-half-million-greats-grandparents – at an approximate estimate. They will not be apes, for they will have tails. We would call them monkeys if we met them today, although they are no more closely related to modern monkeys than they are to us. Although very different from us, and incapable of breeding with us or with modern monkeys, they will breed happily with the all-but-identical passengers who joined us at Station Twenty-Four Million Nine Hundred and Ninety Thousand Years Ago. Gradual, gradual change, all the way.

On we go, back and back, ten thousand years at a time, finding no noticeable change at each stop. Let's pause to see who greets us when we reach Station Sixty-Three Million Years Ago. Here we can shake hands (paws?) with our seven-million-greats-grand-parents. They look something like lemurs or bushbabies, and they are indeed the ancestors of all modern lemurs and bushbabies, as well as the ancestors of all modern monkeys and apes, including us.

Your 1,500,000-greats-grandfather

[25 million years ago]

They are as closely related to modern humans as they are to modern monkeys, and no more closely to modern lemurs or bushbabies. They wouldn't be able to mate with any modern animals. But they would probably be able to mate with the passengers we picked up at Station Sixty-Two Million Nine Hundred and Ninety Thousand Years Ago. Let's welcome them aboard the time machine, and speed on backwards.





Hundred and Forty Million Years Ago, where we meet our 175-million-greats-grandfather. He looks a bit like a newt, and is the grand ancestor of all modern amphibians (newts and frogs) as well as of all the other land vertebrates.

kinds of fish with jaws, then fish without jaws, then ... well, then our knowledge starts to fade into a kind of mist of uncertainty, for these very ancient times are



## DNA tells us we are all cousins

Although we may lack the fossils to tell us exactly what our very ancient ancestors looked like, we are in no doubt at all that all living creatures are our cousins, and cousins of each other. And we also know which modern animals are close cousins of each other (like humans and chimpanzees, or rats and mice), and which are distant cousins of each other (like humans and cuckoos, or mice and alligators). How do we know? By systematically comparing them. Nowadays, the most powerful evidence comes from comparing their DNA.

DNA is the genetic information that all living creatures carry in each of their cells. The DNA is spelled out along massively coiled 'tapes' of data, called 'chromosomes'. These chromosomes really are very like the kind of data tapes you'd feed into an old-fashioned computer, because the information they carry is digital and is strung along them in order. They consist of long strings of code 'letters', which you can count: each letter is either there or it isn't there are no half measures. That's what makes it digital, and why I say DNA is 'spelled out'.

All genes, in every animal, plant and bacterium that has ever been looked at, are coded messages for how to build the creature, written in a standard alphabet. The alphabet has only four letters to choose from (as opposed to the 26 letters of the English alphabet), which we write as A, T, C and G. The same genes occur in many different creatures, with a few revealing differences. For example, there's a gene called FoxP2, which is shared by all mammals and lots more creatures besides. The gene is a string of more than 2,000 letters. At the bottom of this page is a short stretch of 80 letters from somewhere in the middle of FoxP2, the stretch from letter number 831 to letter number 910. The upper row is from a human, the middle row from a chimpanzee and the bottom row from a mouse. The numbers at the end of the bottom two rows show how many letters in the whole gene are different from those in the whole human FoxP2 gene.

You can tell that FoxP2 is the same gene in all mammals because the great majority of the code letters are the same, and that is true of the whole length of the gene, not just this stretch of 80 letters. Not quite all the chimpanzee letters are the same as ours, and somewhat fewer

> of the mouse ones are. The differences are highlighted in red. Of the total of 2,076

letters in FoxP2, the chimpanzee has nine letters different from ours, while the mouse has 139 letters different. And that pattern holds for other genes Human CTCCAACACTTCCAAAGCATCACCACCAAT Chimp CTCCACCACTTCCAAAGCGTCACCACCAAT Mouse CTCCACCACGTCCAAAGCATCACCACCCAT

too. That explains why chimpanzees are very like us, while mice are less so.

Chimpanzees are our close cousins, mice are our more distant cousins. 'Distant cousins' means that the most recent ancestor we share with them lived a long time ago. Monkeys are closer to us than mice but further from us than chimpanzees. Baboons and rhesus macaques are both monkeys, close cousins of each other, and with almost identical FoxP2 genes. They are exactly as distant from chimps as they are from us; and the number of DNA letters in FoxP2 that separate baboons from chimps is almost exactly the same (24) as the number of letters that separate baboons from us (23). It all fits.

And, just to finish off this little thought, frogs are much more distant cousins of all mammals. All mammals have approximately the same number of letter differences from a frog, for the simple reason that they are all *exactly* equally close cousins: all mammals share a more recent ancestor with each other (about 180 million years ago) than they do with the frog (about 340 million years ago).

But of course not all humans are the same as all other humans, and not all baboons are the same as all other baboons and not all mice are the same as all other mice. We could compare your genes with mine, letter by letter. And the result? We'd turn out to have even more letters in common than either of us does with a chimpanzee. But we'd still find some letters that are different. Not many, and there's no particular reason to

single out the FoxP2 gene. But if you counted up the number of letters all humans share in all our genes, it would be more than any of us shares with a chimpanzee. And you share more letters with your cousin than you share with me. And you share even more letters with your mother and your father, and (if you have one) with your sister or brother. In fact, you can work out how closely related any two people are to each other by counting the number of DNA letters they share. It's an interesting count to make, and it is something we are probably going to hear more about in the future. For example, the police will be able to track somebody down if they have the DNA 'fingerprint' of his brother.

Some genes are recognizably the same (with minor differences) in all mammals. Counting the number of letter differences in such genes is useful for working out how closely related different mammal species are. Other genes are useful for working out more distant relationships, for example between vertebrates and worms. Other genes again are useful for working out relationships within a species - say, for working out how closely related you are to me. In case you are interested, if you happen to come from England, our most recent shared ancestor probably lived only a few centuries back. If you happen to be a native Tasmanian or a native American we'd have to go back some tens of thousands of years to find a shared ancestor. If you happen to be a !Kung San of the Kalahari Desert, we might have to go back even further.

CATCATTCCATAGTGAATGGACAGTCTTCAGTTCTAAGTGCAAGAC
CATCATTCCATCGTGAATGGACAGTCTTCAGTTCTAAATGCAAGAC
CATCATTCCATAGTGAACGGACAGTCTTCAGTTCTGAATGCAAGGC

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